

Values and Principles

Education through sports

We believe that physical activity is not just a public health issue; it benefits society by increasing social interaction and community engagement, comprises an investment in future generations and offers numerous possibilities for non-formal education and inclusion.

Co-determination, democratic participation and inclusion

We believe that young Europeans can be unique agents of social change and should be involved on all levels of the European social environment.

Equal access to health and well-being

We believe that young Europeans, regardless of their economic and social status, should have equal opportunities and access to healthy lifestyles: sufficient physical activity, healthy nutrition and education.

ENGSO Youth Delegates – Join Us!

ENGSO Youth actively works on current youth sport issues (health, sport accessibility, human rights, social inclusion, volunteering, the fight against doping, fair play, participation) with its member organisations, European institutions and partners from civil society. We are at the forefront of European youth sport advocacy work.

We are looking for competent, motivated individuals who are active in related areas, have an interest in the field of youth to represent our organisation at conferences and meetings as well as to be the core consultants on youth and sport, in consideration of their own areas of expertise.

If you are motivated to share experiences and expertise, contribute to current areas of discussion and participate in, learn and gain from the ENGSO Youth network, please apply online:

www.youth-sport.net/delegates

ENGSO Youth

The Youth Organisation of the European Non-Governmental Sports Organisation

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About us

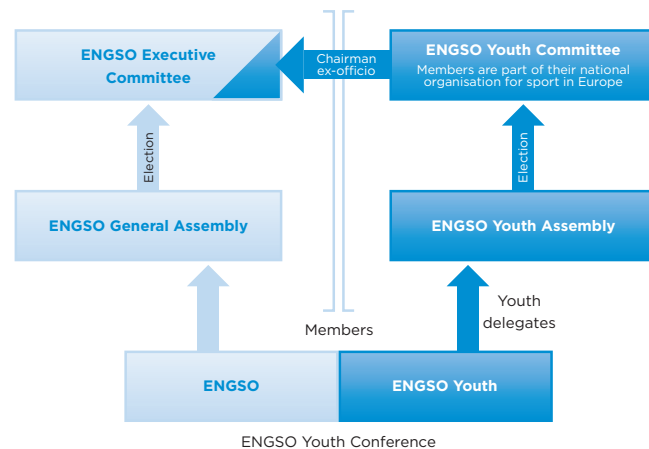
Giving youth a real say
in sports



Who are we?

ENGSO Youth is the non-profit youth organisation of ENGSO (European Non-Governmental Sport Organisation), which are national umbrella organisations for sport from across Europe. ENGSO Youth represents young Europeans in sports in 40 countries.

ENGSO Youth focuses on the European youth Sport for All sector. We promote topics such as sport, health, inclusion, participation, volunteering of young people in European sports, equal opportunities and international cooperation.



Young people take part in sporting activities as athletes, volunteers, officials, leaders and many other roles: 61% of 15–24-year-old Europeans practice sports at least once a week.

Eurobarometer 334 – “Sport and Physical Activity”, 2010

Mission

- We provide support, advice and guidance for members who want to establish their own youth structure
- We work in partnership with the European Union, the Council of Europe and other European organisations to represent the voice of youth sport
- We provide up to date communications and good practice to all member organisations

Goals

- To be the youth sport organisation in Europe and offer a platform for individuals, organisations, stakeholders and policy makers to connect, debate and collaborate Europe-wide
- To continue involving a growing number of young Europeans, especially those with fewer opportunities, and organisations in our work
- To develop ENGSO Youth capacities in more regions of Europe (North, East, West, South)
- To foster cross-sector cooperation, in order to engage a broader network of partners when tackling European, national and local youth issues
- To develop projects with long-lasting, multiplying and self-perpetuating effects on current themes in the youth sector to leave a lasting legacy

Activities and Achievements

Project networks

We coordinate transnational project networks and support their European steering, as such we have received funding through the preparatory actions in the field of sport (European Commission/DG EAC), for example:

- **Prevention of sexualized violence in sports**
www.youth-sport.net/childprotection
- **EADIn – The European anti-doping initiative**
www.anti-doping-initiative.eu
- **HCSC – Healthy children in sound communities**
www.hcsc.eu

Training tools

We publish multilingual training tools for and by young Europeans; examples:

- **Youth can open doors to all abilities through sport**
www.youth-sport.net/open-doors-to-all-abilities
- **ARCTOS – stand up against discrimination in sports!**
www.youth-sport.net/arctos

Events

We organise events to provide opportunities for young Europeans to participate and contribute to the European youth sport movement, e.g.:

- **European youth and sport forum**
www.youth-sport.net/eysf2012
- **Mobilizing youth through sports and technology**
www.youth-sport.net/mobilizing-youth

Sport clubs form an excellent arena for young people to assume tasks within the framework of civic activities and to implement and encourage a healthy lifestyle: 49% of young people declare that they are members of a sport club

EU Youth Report

Study sessions

We organise study sessions in cooperation with the Council of Europe’s European Youth Centres to advocate for the inclusion of young people, young people’s active participation and the empowerment of youth through the use of sport, for example:

- **Youth sport speaks out on TabooPhobia, challenging homophobia in and through sport**
www.youth-sport.net/challenge-homophobia

Support and information

We host **annual seminars** and forums to support member organisations in developing structures and building capacities in their youth sport sector

We lobby for the **support** of the European youth sport sector and are a member of the European Youth Forum

We provide **updates and information** through our newsletter and website: www.youth-sport.net

We speak out through **position papers and statements** on current issues affecting youth and sport in Europe